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## WELCOME TO TMJ THERAPY

### Patient Information:

Name: \_\_\_\_\_ Email \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home Phone #: \_\_\_\_\_ Cell Phone #: \_\_\_\_\_  
Birth date: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: Male Female Other: \_\_\_\_\_  
Ethnicity/Race: \_\_\_\_\_ Primary Language: \_\_\_\_\_  
Social Security #: \_\_\_\_\_ Marital Status: Single Married Divorced Separated Widowed  
Employed by: \_\_\_\_\_ Occupation: \_\_\_\_\_  
Emergency contact name: \_\_\_\_\_ Relationship to patient: \_\_\_\_\_ Phone #: \_\_\_\_\_

**Responsible Person for payment on account:** Self / Spouse / Other \_\_\_\_\_  
**Primary Medical Insurance:** \_\_\_\_\_ Member ID: \_\_\_\_\_  
Insurance Phone #: \_\_\_\_\_ Insurance Address: \_\_\_\_\_  
Primary Subscribers name on Insurance Policy? \_\_\_\_\_ Birth date: \_\_\_\_\_  
Employed by: \_\_\_\_\_ Social Security #: \_\_\_\_\_  
Subscribers Phone #: \_\_\_\_\_ Subscribers Address: \_\_\_\_\_  
Patients relationship to the Insurance Primary Subscriber: Self / Spouse / Child / Other \_\_\_\_\_

**Secondary Medical Insurance:** \_\_\_\_\_ Member ID: \_\_\_\_\_  
Subscribers Name/Address: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Subscribers Phone #: \_\_\_\_\_ Employer: \_\_\_\_\_  
Patient relationship to the Insurance Subscriber: Self / Spouse / Child / Other \_\_\_\_\_

Who may we thank for referring you to our office? Name: \_\_\_\_\_ City: \_\_\_\_\_  
**(Please circle one)** Google, Facebook, Our website, Instagram, Doctor's office, Dentist office, Friend or Coupon

I certify that I, and/or my dependent(s), have insurance coverage with the insurance company(ies) named above and assigned directly to TMJ Therapy, Inc., all insurance benefits, if any, otherwise payable to me for services rendered. I understand that I am financially responsible for all charges whether or not paid for by my insurance company. I authorize the use of my signature on all insurance submissions. TMJ Therapy, Inc. may use my health care information and may disclose such information to the here-to-for named insurance company(ies) and their agents for the purpose of obtaining payment for services and determining insurance benefits or the benefits payable for related services. The consent will end when my current treatment plan is complete, or two years from the date signed below.

\_\_\_\_\_  
Signature of patient/responsible party

\_\_\_\_\_  
Date

\_\_\_\_\_  
Relationship to patient

You may have a temporomandibular joint (TMJ) condition, please mark all the symptoms you are having below.

**Headache/Head pain:**

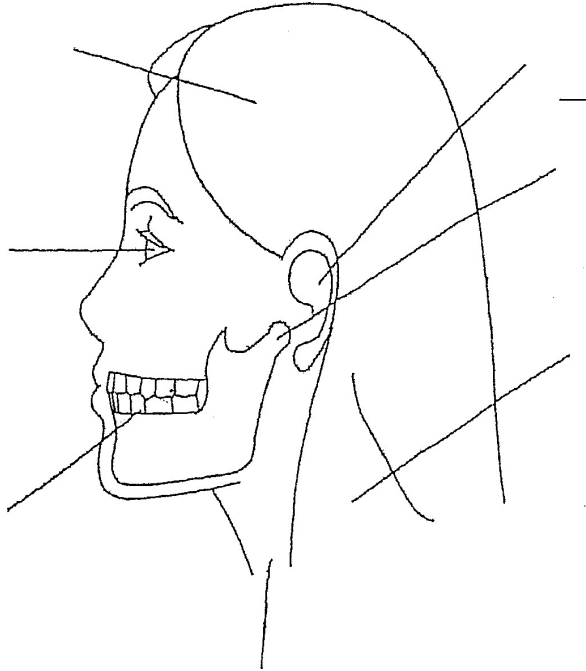
- forehead
- temple
- back of head
- hair/scalp
- tender to touch
- sinus-type
- migraine-type

**Eyes:**

- pain in/behind eyes
- bloodshot eyes
- blurred vision
- visual disturbances
- light sensitivity

**Mouth/Throat:**

- teeth clenching
- grinding teeth
- tooth pain
- loose teeth
- teeth misaligned
- throat pain
- difficulty swallowing
- frequent coughing
- frequent throat clearing



**Ears:**

- ear pain (no infection)
- ear congestion
- ringing/buzzing/hissing
- reduced hearing
- dizziness

**Jaw/Face:**

- jaw pain
- jaw locking/catching
- clicking jaw/jaw popping
- jaw joint noises
- limited mouth opening
- inability to open smoothly
- pain when chewing
- jaw deviates to the side
- pain in face area
- muscle spasm/cramps
- sinus congestion

**Neck/Shoulders:**

- neck pain
- shoulder pain
- back pain
- arm/finger pain
- arm/finger numbness

Please rank your TOP 4 complaints from symptoms above and describe your pain using words from the list: aching, acute, clusters, continual, distressing, dull, episodic, excruciating, fluctuating, hissing, incapacitating, intense, intolerable, mild, moving, numbing, pressure, progressive, ringing, roaring, rotational, severe, sharp, shocking/electrical, spinning, tight, tingling, unbearable

1. \_\_\_\_\_  
Describe pain: \_\_\_\_\_
2. \_\_\_\_\_  
Describe pain: \_\_\_\_\_
3. \_\_\_\_\_  
Describe pain: \_\_\_\_\_
4. \_\_\_\_\_  
Describe pain: \_\_\_\_\_

What is the main reason you are seeking treatment? \_\_\_\_\_

Have any of these conditions limited your ability to work and/or earn a living?  Yes  No

**HISTORY OF SYMPTOMS:**

When did you first notice these symptoms/condition? \_\_\_\_\_ month/year

How often do they occur?  constantly  a few times a day  a few times a week  a few times a month

If not constant when do these symptoms typically occur?  while asleep  immediately upon waking

morning  throughout the day  mid-day  evening  bedtime

What do you believe is the cause of your pain or condition?

motor vehicle  motorcycle accident  work related incident  illness  athletic/sport endeavor

fight  accident  injury  unknown  fall  playground incident  other/list: \_\_\_\_\_

Have you had direct trauma/INJURY to your  face  head  neck  mouth  teeth  none

Date: \_\_\_\_\_ What happen: \_\_\_\_\_

What makes your pain/discomfort **WORSE**?

talking  chewing  stress  bright lights  any head movement  other/list \_\_\_\_\_

What gives you temporary **RELIEF** from your pain/discomfort?

OTC pain meds  ice  heat  sleep  holding still  dark/low lights  other/list: \_\_\_\_\_

**PRIOR TREATMENTS/THERAPIES FOR THIS CONDITIONS:**

No treatments have been attempted

Treatment/Therapy Mark any treatments or therapies tried with an x	x	Did it help? Circle if applicable	When When was the treatment attempted?	Doctor/Therapist Please provide their name, specialty and city/state
OTC oral device		Yes/No/Kind-of		
Self-massage		Yes/No/Kind-of		
Ice/hot Pack		Yes/No/Kind-of		
Surgery (please describe)		Yes/No/Kind-of		
Arthrocentesis		Yes/No/Kind-of		
Nasal or sinus surgery		Yes/No/Kind-of		
Medications		Yes/No/Kind-of		
Nightguard		Yes/No/Kind-of		
Splints		Yes/No/Kind-of		
Orthotic		Yes/No/Kind-of		
Retainers		Yes/No/Kind-of		
Braces (specifically for TMJD)		Yes/No/Kind-of		
Physical Therapy		Yes/No/Kind-of		
Massage Therapy		Yes/No/Kind-of		
Chiropractic care		Yes/No/Kind-of		
Nutritional therapy		Yes/No/Kind-of		
Mental health counseling		Yes/No/Kind-of		

**HEALTH HISTORY:**

To know how your problems came to be and for us to address the root cause of your problems, we need to know as much about your medical history as possible. Please be thorough so we can best target your concerns and recommend the best treatment for you.

Weight: \_\_\_\_\_ height \_\_\_\_\_

**Have you had Orthodontics (Braces) done on your teeth?** Yes No Year finished? \_\_\_\_\_

**Have you had any teeth extracted within the last 5 years?** Yes No How many? \_\_\_\_\_

**Any Hospitalizations/Surgeries in the last 5 years?** Yes No (If yes, please list.)

\_\_\_\_\_

**STRESS level on a scale of 1-10?** \_\_\_\_\_ **Reason why?** \_\_\_\_\_

**ALLERGIES AND MEDICATIONS:**

**Do you have Allergies to any Medicine or Medical supplies?** Yes No

Please list: \_\_\_\_\_

**List all medications you are currently taking and the reason why?** (Example: Wellbutrin for Depression)

\_\_\_\_\_  
\_\_\_\_\_

**Have you had or are you currently experiencing any of the following?**

- adenoids removed
- anxiety
- chronic fatigue
- depression
- difficulty concentrating
- dizziness
- frequent snoring
- jaw joint surgery
- muscle cramps/spasms
- needing extra pillows to help you breathe at night?
- osteoarthritis
- Parkinson’s disease
- pregnancy
- sinus problems
- sleep apnea
- speech difficulties
- tonsils removed
- tooth clenching or grinding
- wake up unrefreshed

Primary care physician: \_\_\_\_\_ city \_\_\_\_\_ state \_\_\_\_\_

Primary dentist: \_\_\_\_\_ city \_\_\_\_\_ state \_\_\_\_\_

All doctors and therapist currently treating you: \_\_\_\_\_

**FAMILY HISTORY** (family that is genetically/blood related)

- anxiety
- depression
- high blood pressure
- headaches/migraines
- blood disorders
- chronic infections (HIV, Hepatitis, recurring pneumonia, etc.)
- neurodegenerative diseases
- sleep apnea/snoring
- neuralgias/neuropathy
- heart disease
- bone disorders
- lung disease
- cancer
- diabetes
- long face appearance

**SOCIAL HISTORY**

employed homemaker unemployed retired student part time student full time.

\_\_\_\_\_ # of hours/week. Employer: \_\_\_\_\_

occupation/school: \_\_\_\_\_

single married widowed for \_\_\_\_\_ separated for \_\_\_\_\_ divorced for \_\_\_\_\_

**-Do you have children?** yes no If yes, how many? \_\_\_\_\_ age range \_\_\_\_\_

**-Are you caring for** disabled person parents grandparents grandchildren?

**-Any recent change in lifestyle?** yes no what? \_\_\_\_\_

**-Do you exercise regularly?** yes no occasionally

**-Do you smoke?** yes no **If yes:** cigarettes vaping medical Marijuana

For how long: \_\_\_\_\_ year's Average amount per day: \_\_\_\_\_

**-Do you chew tobacco?** yes no

For how long \_\_\_\_\_ year's Average amount per day: \_\_\_\_\_

**-Do you drink Alcohol?** yes no **If yes how often:** daily with meals occasional social drinker

What time of day do you usually drink? \_\_\_Morning \_\_\_Afternoon \_\_\_Evening

**-Do you use caffeine?** yes no what kind: soda coffee tea pill form/energy drink

**How often:** Daily Occasionally monthly **average amount and reason?** \_\_\_\_\_

**ACCIDENT?** (LEGAL CASES ONLY)

What happened? Please describe the event in detail. \_\_\_\_\_

\_\_\_\_\_

Date of accident: \_\_\_\_\_ Place of accident: \_\_\_\_\_ city \_\_\_\_\_ state \_\_\_\_\_

Did you go to the hospital? yes no Which hospital \_\_\_\_\_

By ambulance? yes no Date released from hospital? \_\_\_\_\_

Attorney's name representing you: \_\_\_\_\_

phone #: \_\_\_\_\_ address: \_\_\_\_\_

Paralegal's name: \_\_\_\_\_ Law firms name: \_\_\_\_\_

**AUTO ACCIDENT?** yes no Case #: \_\_\_\_\_ Ins company: \_\_\_\_\_

**WORKERS COMP?** yes no Representative information: \_\_\_\_\_

**FINANCIAL POLICY**

As a condition of your treatment by this office, financial arrangements must be made in advance. The practice depends upon reimbursement from the patients for the costs incurred in their care and financial responsibility on the part of each patient must be determined before treatment. All emergency services, or any services performed without previous financial arrangements, must be paid for in cash at the time the services are performed.

All medical/dental services furnished are charged directly to you and **you are personally responsible for ALL payments. Today's Consultation will be \$149.00.** This office will help prepare insurance forms or assist in making collections from your insurance companies and will credit any such collections to your account or reimburse you as necessary 30 business days after treatment is final. However, this office cannot render services under the assumption that our charges will be paid by an insurance company. A service charge of 2% a month (24% annum) on the unpaid balance will be charged on all accounts exceeding 60 days, unless previously written financial arrangements are satisfied. I understand that the fee estimate listed for my care can only be extended for a period of up to three months from the date of this initial consultation. **(We do not accept Medicare or Medicaid insurances)**

In consideration for the professional services rendered to me, or at my request, by the doctor, I agree to pay the reasonable value of said services to said doctor, or his assignee, at the time said services are rendered, or within five days of billing, if credit shall be extended. I further agree that the reasonable value of said services shall be billed unless objected to, by me, in writing, within the time for payment thereof.

I agree that a waiver of any breach of any time or condition hereunder shall not constitute a waiver of any further term or condition, and I agree to pay all costs and reasonable attorney fees if suit be instituted hereunder. I further agree to pay an additional amount representing up to 40% of the principal balance if the account is referred to a collection agency or attorney for collections. This additional amount is in recognition of the cost associated with said collection action processing.

I grant my permission to this company to call me at home or at work to discuss matters related to this form.

**I have read the above conditions of treatment and payment and agree to their content.**

\_\_\_\_\_  
Signature of patient/responsible party

\_\_\_\_\_  
Date

\_\_\_\_\_  
Relationship to Patient

**ACKNOWLEDGEMENT OF RECEIPT OF PRIVACY PRACTICES**

I have been presented with a copy of the Notice of Privacy Practices by TMJ Therapy, Inc., detailing how my health information may be used and disclosed as permitted under federal and state law, and outlining my rights regarding my health information. A copy may be obtained at any time.

\_\_\_\_\_  
Signature of patient/responsible party

\_\_\_\_\_  
Date

\_\_\_\_\_  
Relationship to Patient

**CONSENT FOR EXAM**

I \_\_\_\_\_ give my consent for Dr. Carl McMillan and/or assistants for examinations/consultations and evaluations of my TMJ. I give my consent for TMJ Therapy, Inc. to download and review my prescription history.

\_\_\_\_\_  
Signature of patient/responsible party

\_\_\_\_\_  
Date

\_\_\_\_\_  
Relationship to Patient

**Release of Medical Records**

I, the undersigned (patient or legally responsible party), authorize the release of a full report of examination, findings, diagnosis, treatment programs, etc., to any referring or treating physician. I additionally authorize the release of any medical information to my insurance companies or for legal documentation to process claims.

I assume financial responsibility for services rendered. I understand that I am responsible for all fees for treatment regardless of insurance coverage.

It is understood that all X-rays, records, models and photographs taken remain the property of TMJ Therapy, Inc. Copies of these records may be obtained for an additional fee.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date