CRANIOFACIAL PAIN & JOINT REHABILITATION
TMJ THERAPY INC.

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WELCOME TO TMJ THERAPY

Patient Information:

Name: ______________________________ Email ____

Address: ________________________________ City: _____________ State: _____ Zip: ____________

Home Phone #: _________________________ Cell Phone #: ___________________________________

Birth date: ___________________ Age: ________ Gender: Male Female Other: _______________

Ethnicity/Race: _____________________ Primary Language: __________________________________

Social Security #: ___________________ Marital Status: Single Married Divorced Separated Widowed

Employed by: __________________________ Occupation: ____________________________________

Emergency contact name: _________________ Relationship to patient: _______ Phone #: ______________

Responsible Person for payment on account: Self / Spouse / Other______________________________

Primary Medical Insurance**:** _______________________________ Member ID**:** ___________________

Insurance Phone #: _____________________ Insurance Address: _________________________________

Primary Subscribers name on Insurance Policy? ______________________ Birth date: _______________

Employed by: __________________________ Social Security #: _________________________________

Subscribers Phone #: ____________________ Subscribers Address: ______________________________

Patients relationship to the Insurance Primary Subscriber: Self / Spouse / Child / Other _________________

Secondary Medical Insurance: _____________________________ Member ID: ________________________

Subscribers Name/Address: ____ Date of Birth: ___________

Subscribers Phone #: ________________________ Employer: _____________________________________

Patient relationship to the Insurance Subscriber: Self / Spouse / Child / Other ______________________________

Who may we thank for referring you to our office? Name: ______________________ City: _______________

(Please circle one) Google, Facebook, Our website, Instagram, Doctor's office, Dentist office, Friend or Coupon

I certify that I, and/or my dependent(s), have insurance coverage with the insurance company(ies) named above and assigned directly to TMJ Therapy, Inc., all insurance benefits, if any, otherwise payable to me for services rendered. I understand that I am financially responsible for all charges whether or not paid for by my insurance company. I authorize the use of my signature on all insurance submissions. TMJ Therapy, Inc. may use my health care information and may disclose such information to the here-to-for named insurance company(ies) and their agents for the purpose of obtaining payment for services and determining insurance benefits or the benefits payable for related services. The consent will end when my current treatment plan is complete, or two years from the date signed below.

________________________________ ______________________ _________________________

Signature of patient/responsible party Date Relationship to patient

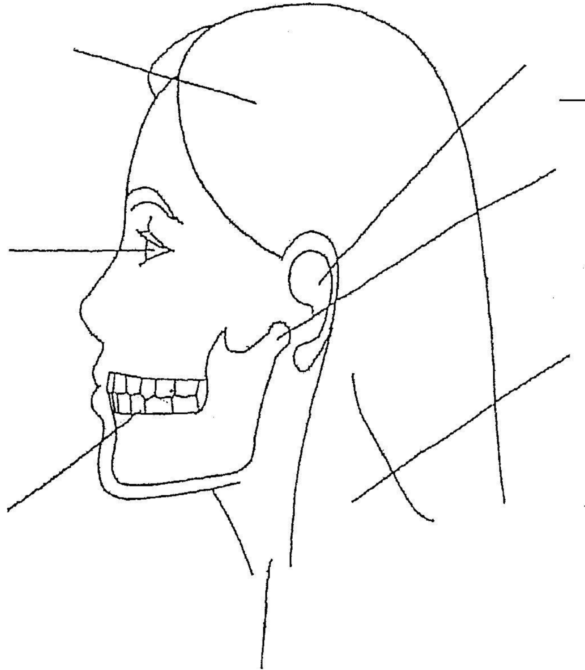
Please write any family members/friends names that we can talk to about your billing account/or patient records on the lines below (per privacy laws we will be unable to discuss financial matters or your condition unless their name is on this list)

____

____

You may have a temporomandibular joint (TMJ) condition, please mark all the symptoms you are having below.

Headache/Head pain:
- ☐forehead
- ☐temple
- ☐back of head
- ☐hair/scalp
- ☐tender to touch
- ☐sinus-type
- ☐migraine-type



Eyes:
- ☐pain in/behind eyes
- ☐bloodshot eyes
- ☐blurred vision
- ☐visual disturbances
- ☐light sensitivity

Mouth/Throat:
- ☐teeth clenching
- ☐grinding teeth
- ☐tooth pain
- ☐loose teeth
- ☐teeth misaligned
- ☐throat pain
- ☐difficulty swallowing
- ☐frequent coughing
- ☐frequent throat clearing

Ears:
- ☐ear pain (no infection)
- ☐ear congestion
- ☐ringing/buzzing/hissing
- ☐ reduced hearing
- ☐dizziness

Jaw/Face:
- ☐jaw pain
- ☐jaw locking/catching
- ☐clicking jaw/jaw popping
- ☐jaw joint noises
- ☐limited mouth opening
- ☐inability to open smoothly
- ☐pain when chewing
- ☐jaw deviates to the side
- ☐pain in face area
- ☐muscle spasm/cramps
- ☐sinus congestion

Neck/Shoulders:
- ☐neck pain
- ☐shoulder pain
- ☐back pain
- ☐arm/finger pain
- ☐arm/finger numbness

Please rank your TOP 4 complaints from symptoms above and describe your pain using words from the list: aching, acute, clusters, continual, distressing, dull, episodic, excruciating, fluctuating, hissing, incapacitating, intense, intolerable, mild, moving, numbing, pressure, progressive, ringing, roaring, rotational, severe, sharp, shocking/electrical, spinning, tight, tingling, unbearable

1. **Complaint:**____

   Describe pain**:** ____
2. **Complaint**____

   Describe pain:____
3. **Complaint**____

   Describe pain**:** ____
4. **Complaint**____

   Describe pain:____

What is the main reason you are seeking treatment? ____________________________________

Have any of these conditions limited your ability to work and/or earn a living? ☐Yes ☐No

HISTORY OF SYMPTOMS:

When did you first notice these symptoms/condition? _______________ month/year

How often do they occur? ☐constantly ☐a few times a day ☐a few times a week ☐a few times a month

If not constant when do these symptoms typically occur? ☐while asleep ☐immediately upon waking

☐morning ☐throughout the day ☐mid-day ☐evening ☐bedtime

What do you believe is the cause of your pain or condition?

☐motor vehicle ☐motorcycle accident ☐work related incident ☐illness ☐athletic/sport endeavor

☐fight ☐accident ☐injury ☐unknown ☐fall ☐playground incident ☐other/list: __________

Have you had direct trauma/INJURY to your ☐face ☐head ☐neck ☐mouth ☐teeth ☐none

Date: _________ What happened: ____

____

What makes your pain/discomfort WORSE?

☐talking ☐chewing ☐stress ☐bright lights ☐any head movement ☐other/list ________________

What gives you temporary RELIEF from your pain/discomfort?

☐OTC pain meds ☐ice ☐heat ☐sleep ☐holding still ☐dark/low lights ☐other/list: ______________

PRIOR TREATMENTS/THERAPIES FOR THIS CONDITIONS:

☐ No treatments have been attempted

x	**Treatment/Therapy** Mark any treatments or therapies tried with an x	**Doctor/Therapist** Please provide their name, specialty and city/state	**When** When was the treatment attempted?	**Did it help?** Circle if applicable
	OTC oral device			yes/no/somewhat
	Self-massage			yes/no/somewhat
	Ice/hot Pack			yes/no/somewhat
	Surgery *(please describe)*			yes/no/somewhat
	Arthrocentesis			yes/no/somewhat
	Nasal or sinus surgery			yes/no/somewhat
	Medications			yes/no/somewhat
	Nightguard			yes/no/somewhat
	Splints			yes/no/somewhat
	Orthotic			yes/no/somewhat
	Retainers			yes/no/somewhat
	Braces *(specifically for TMJD)*			yes/no/somewhat
	Physical Therapy			yes/no/somewhat
	Massage Therapy			yes/no/somewhat
	Chiropractic care			yes/no/somewhat
	Nutritional therapy			yes/no/somewhat
	Mental health counseling			yes/no/somewhat

HEALTH HISTORY:

To know how your problems came to be and for us to address the root cause of your problems, we need to know as much about your medical history as possible. Please be thorough so we can best target your concerns and recommend the best treatment for you.

Weight: ___________________ height ________________

Have you had Orthodontics (Braces) done on your teeth? ☐Yes ☐No Year finished? _________________
Have you had any teeth extracted within the last 5 years? ☐Yes ☐No How many? ___________________

Any Hospitalizations/Surgeries in the last 5 years? ☐Yes ☐No (If yes, please list.)

______________________________ ______________________________ ______________________________

STRESS level on a scale of 1-10? _______Reason why? ____

ALLERGIES AND MEDICATIONS:

Do you have Allergies to any Medicine or Medical supplies? ☐Yes ☐No

Please list: ____

List all medications you are currently taking and the reason why? (Example: Wellbutrin for Depression)

______________________________ ______________________________ ______________________________
______________________________ ______________________________ ______________________________

Have you had or are you currently experiencing any of the following?

☐ adenoids removed
☐ anxiety
☐ chronic fatigue
☐ depression
☐ difficulty concentrating
☐ dizziness
☐ frequent snoring
☐ jaw joint surgery
☐ muscle cramps/spasms
☐ needing extra pillows to help you breathe at night?
☐ osteoarthritis
☐ Parkinson's disease
☐ pregnancy
☐ sinus problems
☐ sleep apnea
☐ speech difficulties
☐ tonsils removed
☐ tooth clenching or grinding
☐ wake up unrefreshed

Primary care physician: __________________________________ city ____________________ state __________

Primary dentist: ____ city ____________________ state _________

Any other doctors and therapist currently treating you:____

FAMILY HISTORY (family that is genetically/blood related)

☐ anxiety
☐ depression
☐ high blood pressure
☐ headaches/migraines
☐ blood disorders
☐ neurodegenerative diseases
☐ sleep apnea/snoring
☐ neuralgias/neuropathy
☐ heart disease
☐ bone disorders
☐ lung disease
☐ cancer
☐ diabetes
☐ long face appearance
☐ chronic infections (HIV, Hepatitis, recurring pneumonia, etc.)

SOCIAL HISTORY

☐employed ☐homemaker ☐unemployed ☐retired ☐student part time ☐student full time.

______# of hours/week. Employer: ___________________________________

occupation/school: ______________________________

☐single ☐married ☐widowed for ________ ☐separated for ________ ☐divorced for _________

-Do you have children? ☐yes ☐no If yes, how many? __________ age range ____________________

-Are you caring for ☐disabled person ☐parents ☐grandparents ☐grandchildren ☐ Adult child ☐ spouse

-Any recent change in lifestyle? ☐yes ☐no what? ____

-Do you exercise regularly? ☐yes ☐no ☐occasionally

-Do you smoke? ☐yes ☐no **If yes**: ☐cigarettes ☐vaping ☐medical Marijuana

For how long: _______________years Average amount per day: ___________________

-Do you chew tobacco? ☐yes ☐no

For how long __________years Average amount per day: ___________________

-Do you drink Alcohol? ☐ yes ☐no **If yes how often:** ☐daily ☐with meals ☐occasional ☐social drinker

What time of day do you usually drink? ___Morning ___Afternoon ___Evening

-Do you use caffeine? ☐yes ☐no what kind: ☐ soda ☐coffee ☐tea ☐pill form/energy drink

How often: ☐Daily ☐Occasionally ☐ monthly **average amount and reason?** __________________

ACCIDENT? (LEGAL CASES ONLY)

What happened? Please describe the event in detail. ____

____

____

Date of accident: _______________ Place of accident: __________________________city ________state____

Did you go to the hospital? ☐yes ☐no Which hospital ____

By ambulance? ☐yes ☐ no Date released from hospital? _______________________

Attorney's name representing you: _______________________________________

phone #: ____________________________address:____

Paralegal's name: ____________________________ Law firms name: ________________________________

AUTO ACCIDENT? ☐yes ☐no Case #: ______________ Ins company: _________________________

WORKERS COMP? ☐yes ☐no Representative information: _______________________________________

FINANCIAL POLICY

As a condition of your treatment by this office, financial arrangements must be made in advance. The practice depends upon reimbursement from the patients for the costs incurred in their care and financial responsibility on the part of each patient must be determined before treatment. All emergency services, or any services performed without previous financial arrangements, must be paid for in cash at the time the services are performed.

All medical/dental services furnished are charged directly to you and **you are personally responsible for ALL payments. Today's Consultation will be $149.00.** This office will help prepare insurance forms or assist in making collections from your insurance companies and will credit any such collections to your account or reimburse you as necessary 30 business days after treatment is final. However, this office cannot render services under the assumption that our charges will be paid by an insurance company. A service charge of 2% a month (24% annum) on the unpaid balance will be charged on all accounts exceeding 60 days, unless previously written financial arrangements are satisfied. I understand that the fee estimate listed for my care can only be extended for a period of up to three months from the date of this initial consultation. **(We do not accept Medicare or Medicaid insurances)**

In consideration for the professional services rendered to me, or at my request, by the doctor, I agree to pay the reasonable value of said services to said doctor, or his assignee, at the time said services are rendered, or within five days of billing, if credit shall be extended. I further agree that the reasonable value of said services shall be billed unless objected to, by me, in writing, within the time for payment thereof.

I agree that a waiver of any breach of any time or condition hereunder shall not constitute a waiver of any further term or condition, and I agree to pay all costs and reasonable attorney fees if suit be instituted hereunder. I further agree to pay an additional amount representing up to 40% of the principal balance if the account is referred to a collection agency or attorney for collections. This additional amount is in recognition of the cost associated with said collection action processing.

I grant my permission to this company to call me at home or at work to discuss matters related to this form.

I have read the above conditions of treatment and payment and agree to their content.

______________________________ ______________ ____________________

Signature of patient/responsible party | Date | Relationship to Patient

ACKNOWLEDGEMENT OF RECEIPT OF PRIVACY PRACTICES

I have been presented with a copy of the Notice of Privacy Practices by TMJ Therapy, Inc., detailing how my health information may be used and disclosed as permitted under federal and state law, and outlining my rights regarding my health information. A copy may be obtained at any time.

______________________________ ______________ ____________________

Signature of patient/responsible party | Date | Relationship to Patient

CONSENT FOR EXAM

I ___________________________ give my consent for Dr. Carl McMillan and/or assistants for examinations/consultations and evaluations of my TMJ. I give my consent for TMJ Therapy, Inc. to download and review my prescription history.

______________________________ ______________ ____________________

Signature of patient/responsible party | Date | Relationship to Patient

Release of Medical Records

I, the undersigned (patient or legally responsible party), authorize the release of a full report of examination, findings, diagnosis, treatment programs, etc., to any referring or treating physician. I additionally authorize the release of any medical information to my insurance companies or for legal documentation to process claims.

I assume financial responsibility for services rendered. I understand that I am responsible for all fees for treatment regardless of insurance coverage.

It is understood that all X-rays, records, models and photographs taken remain the property of TMJ Therapy, Inc. Copies of these records may be obtained for an additional fee.

______________________________________ ______________________

Signature | Date